

Cascade County Mental Health Local Advisory Council

Minutes

Monday June 3, 2019
Largent Center - McFadden Room
915 1st Ave. South
3:00 pm -5:00 pm

Members Present Amee Ellsworth, Jane Wilson, , Ginny Carnes, Shawn Matsko, Tom Osborn, Greg Tilton, Jane Weber, Cassidy Bloomgren, Dusti Zimmer, Linda Daggett

Guests Present Jodi McClean, Doug Mahlum, Rick Brown, Susie McIntyre

Call to Order The meeting was called to order at 3:02 PM by Amee Ellsworth, Chair. Welcome and Introductions were made.

Minutes from May 6, 2019 The May Minutes were accepted with some minor corrections. The corrections will be made and sent to Amee for signing.

Treasurer's Report

1. **Available funds in County account:** Copies of the Budget Performance Report were made available to the members. After an expenditure of \$396.66 to send Ginny to the ASIST training, the current balance stands at \$4,127.92.
2. **Review processes for fund expenditures:** Jane Weber reviewed the County's procedure for expenditures. Individual Members who are authorized by the group in the Minutes to make expenditures will need to be listed with the County Budget office as vendors and the proposed expenditures will need to be submitted to the County Budget office about 1 month prior the expenditure.

Old Business

1. **Report on cost of Dan Clark facilitating strategic planning:**
 - Jane Weber reported that she has not contacted Dan yet and we should decide whether to contract with Dan Clark or consider other facilitators. Jane offered to contact Dan when we decide the date and time and also discuss a fee. It was the consensus of the Members to do further investigation about this and table a decision until the next meeting when we have more information.
 - *Linda made a motion to hold the Strategic Planning session on September 9th 3:00- 6:30 PM (dinner provided) and the 10th 9:30- 2:00 (breakfast and/or lunch provided). Jane Wilson seconded the motion and the motion passed. Amee offered Benefis as a venue.*
 - Jane Wilson will do the budget and purchasing for the session.
2. **Report on ASIST training:** Ginny reported that she attended the suicide intervention training in Helena. It was not a train-the- trainer session as first thought, but was informative and worthwhile. She thanked the group for the opportunity.
3. **CCMHLAC Public Service Announcement:** Greg Tilton reported that he checked the website and the suicide prevention PSA is there. He did talk to TV announcer Shannon Newth about running

4. the PSA on the station again and they are working on that. He is also looking into using the SAMSA PSA packets as well to get out to the TV and radio stations. This an ongoing project.
5. Expanding the reach of Facebook page: Rob Moccasin was absent today, so his guest who was reporting on this today was not in attendance. Jane Wilson will continue to follow up with this and plan to more information in the coming meetings.

New Business

1. Veteran's Stand Down: Jane Wilson reported that the LAC has been invited to have a table at the Stand Down September 5-6 and that we have participated in past years. *Jane Wilson made a motion to have a table at the Stand Down and Linda seconded the motion. After some discussion the motion passed.* Jane will form a Committee to work out the details including a banner, information and manning the table. Jodi McLean and Greg Tilton volunteered to be on the Committee.

Standing Committee Reports

1. Executive Committee: Amee, Chair, and Jane Wilson, Vice Chair, formed the agenda over the phone with input from other members. They reminded the members that if there are agenda items to be considered to let them know prior to the Thursday before the meeting and that no decision may be made at the meeting unless it is marked on the agenda.
2. Suicide Prevention Committee: Greg reported that the meeting place has been changed to the City/County Health building and continues to be 3-5 the 3rd Monday of the month. The leadership will meet just prior to the meeting on a quarterly basis. They sponsored some suicide prevention training at Rocky Mountain Treatment Center, are improving outreach on their website, and working on an app for Facebook along with several other developing projects.

Representative Reports

1. Update on Crisis Services: Crisis Steering Committee, Response Team, CIT:
 - Dusti reported that the Steering Committee met with administrators and there is still a need to have consistent coverage for the Day calls they receive from the Crisis Response Team. Alluvion and Center for Mental Health are working together on that.
 - Dusti and Trista Besich (Alluvion Health) are working on 2 grants for Mental Health Court, formalizing a plan for jail diversion, and are partnering with police, sheriff, and judges to complete the grant. They are modeling after the Bozeman and Missoula programs. They are considering asking for a funding a full-time person to be housed at the police department.
 - They are currently reaching out to community stake-holders to make sure all the needs are included, involving all the agencies/players for input. Interested LAC members were invited to join if interested.
 - Jane Weber noted that she is working with Cascade County attorney to create a system for pre-trial diversion, one that defines reasonable requirements for a candidate to meet in order to be diverted from jail.
 - Overcrowding at the jail is a big problem and there is a gap in service to sort out those with mental illness as a primary factor. Dusti noted this is a part of the aim of the group she mentioned earlier.
2. Media and Communication update: Jane Wilson reported that she has not posted the Board members yet because they will soon be an update due to vacancies
3. Central Service Area Authority (CSAA) report:
 - Jane Wilson reported that the meeting and Congress will be held in Helena on June 21st. They will elect new board members, review and update the strategic plan. Michelle Hill will present her research project about burnout for rural health providers.

- Jane sent a draft agenda for the Montana Behavioral Health Advisory Council to our LAC members. This group helps advise the Montana Addictive and Mental Disorders Division (AMDD) and she encouraged input into their agenda.
- There is some technical assistance being offered and Jane will look into the possibility of them helping us with our strategic planning.

Community Reports/Announcements from Board Members:

Cascade County: Jane Weber noted that if a member is interested in handing their position on the LAC Board to another member, the new prospective member must submit an application for the Board and the leaving member a letter of resignation.

Peer Support. Ginny reported that she is now working part time as a Peer Support Specialist at the Center for Mental Health and that Medicaid is reimbursing for Peer Support Services.

North Central Independent Living Services (NCILS): Tom reported that he has worked with the State Workforce Board to complete a project to allow disabled workers conversion to regular employment. He is also working with the Association on Community Living which announced the awarding of funds to minority population for suicide prevention and peer modeling.

Public Comment

Community Member Rick Brown: Regarding suicide prevention, he knows of cards with “catchy” sayings available to hand out to anyone interested. These have resources for calling for help with suicide.

Community Member Susie McIntire: Susie is Director of the public library and commented on the occasional need for intervention with the mentally ill. She would rather not have to call the police, but have a resource that is not a uniformed officer to handle the situations.

Adjourn The meeting was adjourned by Amee Ellsworth at 4:38 PM. Next Meeting: July 1, 2019.

Amee Ellsworth, Chair

Date_____